Hello Everyone

Yesterday we began the season of Lent with a whole school Mass for Ash Wednesday. During the next six weeks of Lent we prepare for the most significant feast in the Church year – EASTER.

On Tuesday many of the children, and staff were involved in making and eating pancakes. The tradition of Pancake Tuesday come from the fasting aspect of Lent. All the yummy food was put into the pancake mix to eat prior to Lent starting on Ash Wednesday and wouldn’t be eaten again until Easter Sunday. So people ate it all to stop being tempted to eat food they had decided to give up. Not quite the same thing as seeing Hot cross buns in the supermarkets weeks before Lent even starts!

The ashes that are received and worn on the forehead on Ash Wednesday is also a sign of penance. Palm leaves left over from last year’s Palm Sunday celebrations are burnt and blessed and then received again with the sign of the cross.

There are 3 important aspects of Lent which we talk to the children about to help them understand how to make the best use of the next few weeks.

- **Prayer** - more time is given in prayer, e.g. Stations of the Cross is a prayer linked to Lent
- **Self-Denial** - giving up something and in doing so others would benefit e.g. giving up chocolate and instead putting the $$$$ saved into Project Compassion.
- **Helping Others** – Make an extra effort to help someone you may have noticed is new to school, needs a friend, have lunch break with someone you don’t usually have time to speak to.

During Lent, Good Friday and Ash Wednesdays are days of fasting/abstinence if you are between 18 and 60 years of age.

On Friday the Year Four classes will be leading our Mission Day activities for this term which is related to Project Compassion. This is an appeal which occurs in all Catholic parishes around the world encouraging us to help others less well off than ourselves.

It has been very encouraging to see so many attending the various parent information sessions being held over the past few days. Communication between home and school is so important in assisting the children to be settled into the new school year. Thank you to all who have been able to be present. As well as giving you the opportunity to meet your child’s teacher it was also an opportunity to see the new classrooms and areas developed as part of the last building program. We certainly have been making use of the additional parking.

We are happy to welcome Keani Benavides and Brendon Kakamda to Kindy, Eryn Green to Koalas and Amalia Kataamadze to Joeys, Leila Coe to Quokkas and to welcome back Deegan Poole to Roos.

Looking forward to seeing lots of families at the bush dance and BYO picnic tea on Friday night. Thanks to Karen Walker and the P&F for organizing the community get together.

Happy Lunar New Year to all those who are celebrating.

God Bless

Tricia Davis

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**BANKSIA GROVE MASS**
Mon—Sat @ 8.00am
Every Sun. 9.30 am
Everyone is welcome.
Please come and join us!

**RECONCILIATION**
Sundays @ 8.45am to 9.15am
After Sunday Mass if required
Anytime by appointment

**SCHOOL TIMES**
Start 8.30am Finish 3.00pm
Monday 2.00pm finish

**KINDY TIMES**
Start 8.30am Finish 2.45pm

**UNIFORM SHOP**
Every Thursday

**CHILDREN’S BANKING**
Every Thursday

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**P & F MEETINGS**
Wed 25th March @ 8.35am

**BOARD MEETINGS**
29th Feb @ 5.45pm
DATES TO REMEMBER

FEB
20th  Mission day  Project Compassion
       P & F  Bushdance, Animal Petting Farm
              BYO picnic  5.30 to 8.30pm

23rd  Prayer Assembly  8.30am undercover area

24th  Kindy Parent Info meeting @ 6pm

25th  Parent Helpers Workshop @ 8.35am Library

26th  Clean Up Australia Day

27th  Pupil free day

MARCH

2nd  Public Holiday  Labour day

9th  Prayer Assembly  8.30am undercover area

10th  Protective behaviour Workshop in the Library 9-10.30

12th  Buddy Mass  Goannas & Quokkas @ 9.00am

18th  Open night/Book Fair 4pm—8pm

20th  Harmony day

PRAYER FOR LENT

Lord, please show me what I should give up for Lent and when I've given it up remind me to pray to you instead.
   To thank you
   To love you
   To hear from you each and every day in Lent

Amen.

BANKSIAGROVE CATHOLIC PARISH NEWS

Father Vinh Dong contact details
Mobile  0422 422773
Presbytery  79 Joseph Banks Boulevard Banksia Grove WA 6031
Email- banksiagrovecatholiccommunity@gmail.com
Parish Office  @ Banksia Grove CPS hours Tuesdays & Thursday 8am to 11am.
   Baptism & Weddings by appointment.

ABSENTEE PROCEDURES & OFFICE HOURS

If your child is going to be absent please notify the school office by one of the following ways:
   ◊ SMS absentee line 0438 404 375 and include your child’s name and reason for absentee (do not phone this number)
   ◊ Email—admin@banksiagrovecps.wa.edu.au
   ◊ Written letter
   ◊ Phone call (which must be followed up by written notification)
   ◊ School Office hours are 8am to 4pm

CANTEEN

The canteen will be open this Friday 20th February.

There will be no meat products sold at the canteen until after Easter.

We are urgently seeking volunteers for the canteen. If you can assist please call the school office on 93037101.
No volunteers = No canteen

PARENT HELPER WORKSHOP

Please come along to the parent helper workshop on Wednesday 25th February @ 8.35—9.35 in the school library.
**PLAYGROUP**

Playgroup will be commencing again. This Week on Friday 20th Feb @ 9.00am in the OshClub area. The cost is a gold coin donation.

We hope to see many families & friends coming along to meet new people while your children make new friends.

**SCHOOL FEES**

School fees will be sent home this week. Please be advised that if full payment is made by **15th March** you will receive a **$50 discount**.

If you hold a healthcare card please update with the school office to receive the health care rebate discount.

**HEAD LICE**

We have cases of head lice across many year levels in school. Unfortunately, contracting head lice is a common occurrence in schools.

The P & F have purchased natural treatments for head lice which are made here in WA. They can be purchased from the school office at any time.

**HEALTHY EATING**

**Banana Biscuits**

- 3 large ripe bananas, mashed
- 125g butter
- 1 cup sugar
- 1 1/2 cups self-raising flour
- 1/2 cup coconut
- 1/2 cup rolled oats

Preheat oven to 230°C. Line baking tray with baking paper and set aside. Using an electric mixer, cream the butter and sugar. Stir in the bananas until combined. Add the flour, oats and coconut and stir until thoroughly combined. Place teaspoons of the mixture on the baking tray, leaving room for each biscuit to spread. Place in the oven and turn it down to 200°C. Bake for 10 minutes.
YOU CAN DO IT PROGRAM!

Dear Parents and Guardians,

The students are again looking at the 5 keys of this program – CONFIDENCE, GETTING ALONG, ORGANISATION, PERSISTENCE and RESILIENCE during this term.

The You Can Do It! Program will teach the children a number of different skills they need to know to be successful and happy during their Primary school and Secondary school years. They will even find them useful when they are adults as well!

CONFIDENCE KEY – During weeks 1 & 2 the children looked at using their confidence key. Confident children are not afraid to make mistakes when learning something new. They believe they will be successful if they try hard. Confident children are not afraid to meet new classmates, they expect to be liked and make friends. Confident children stand up tall and speak in a voice that everyone can hear but is not too loud.

GETTING ALONG KEY – During Weeks 3 & 4 the children are looking at using their Getting Along Key which means the children work and play nicely together. It means they tell the truth, care about and are friendly to others. Getting Along means being able to fix problems without fighting. When children get along they follow the rules of the classroom and home.

Please talk to your children about what they have learnt and how they plan to use these keys at home and at school. Over the next few weeks we will be looking at the other keys and information will accompany them in the newsletter. Information on each key will also be put in the school noticeboard.

Please contact me if you would like any more information about the YOU CAN DO IT! Program.

Lesley Bird – Social Worker
Lesley Bird
School Social Worker
Available Mondays, Tuesdays and Wednesdays
Clean up Australia Day
Thursday 26 February
Parent helpers required from 2pm-3pm
If you can assist please contact the school office
Tel: - 9303 7101.
Dear Parents,

We are very pleased to have the Rainbows Program at Banksia Grove Catholic Primary School again this year. Rainbows offers children from families who have experienced a major loss, either through the separation/divorce of parents or through the death of a family member, the opportunity to meet in a weekly support group over a period of 12 weeks. The sessions will be held at school with a trained adult working with each group and will last for approximately 45 minutes each.

It has been found that when something significant happens in a family, the entire family is affected. If a parent dies or divorce occurs, not only do the parents grieve, the children do also. Because of their age and short life experience, children can find it very difficult to verbalise their feelings.

If you would like your child to be included please fill in the tear off slip and return it to the school office by March 20th. This offer will be made available to children from Pre Primary- Year 6.

If your child is part of a single parent or stepfamily or if they are struggling through a painful experience this will be an opportunity for them to meet with others in similar situations in a safe and confidential atmosphere.

If you feel the Rainbows program will be helpful for your child please complete the form below and return to Ms Bird via the school office.

If you would like to discuss the program further please feel free to contact me at the school.

Yours sincerely

Lesley Bird
Social Worker
Banksia Grove Catholic Primary School

I __________________________ would like my child to be part of the rainbows program
Child’s name __________________________ Class ____________
Child’s name __________________________ Class ____________

Signed ___________________________ Date _________________________
Banksia Grove CPS Parents & Friends Invite you to our Annual Bush Dance

Get your dancing boots on and mosey on down

Live Band

Cuddly Animal Farm

BYO Picnic

When: Friday, Feb 20, 5.30 - 8.30pm

Where: Banksia Grove CPS

Please note the cuddly animal farm will be arriving at 5.30 - 7.00pm
Parish Update

What is in a name?

We need a name for our new Parish. What suggestions do you have?

What is needed is
- the name of the saint
- the history of the saint
- Why he or she would be a good role model for our new parish.
If you can’t decide on one, then you can suggest two, for example Peter and Paul.

We cannot have a name if it has already been used by a Parish in the Archdiocese e.g. St Anthony’s.

Gather some thoughts together and pass on your suggestions to the school office or to Fr. Vinh. We want to give a name to our new community as soon as possible.

Stations of the Cross will take place each Friday in Lent commencing at 7pm in the undercover area. Perhaps this could be a focus for you during Lent. I am looking forward to meeting many of you following Stations of the Cross, each Friday until Good Friday.

It has been wonderful to see so many people attending week day mass. Father Vinh.

Would You like to Advertise Here!!

Banksia Grove Business Billboard

If you are interested in advertising in the Banksia Grove Business Billboard this will be commencing next week. This will be included in our school Newsletter, the Grove, Parish Newsletter and School notice board & Website.

For a small fee of $20 per term you can advertise your service or business. We would require contact name, tel no, service provided & name of business (if applicable).

Examples
Fred Citizen
Fred’s Plumbing
Tel No 0000 112233
No job too BIG or SMALL

Plumber Electrician
Painter Gardener Cleaner
The Wheatbelt welcomes

Maggie Dent
quietly improving lives

For a community open event

Date: 4th March 2015
Time: 1:00pm ‘Sandpit to Adulthood’
       7:00pm ‘Dear Boys’
Place: Granville Civic Centre - Weld Street, Gingin, WA 6503
Cost: $15.00 per talk OR Book and pay for both talks $20.00
      Pre-purchasing tickets is recommended as there is limited seating

‘Sandpit to Adulthood’: Helping today’s children to thrive
Every parent wants their children to thrive – to grow up happy,
healthy, strong, kind and capable of realising their full potential.

‘Dear Boys’: Understanding, nurturing and connecting to today’s boys
Maggie has a deep concern for today’s boys, who will become
tomorrow’s men. Statistically boys are still at greater risk than girls
of injury, death, school failure, cancer... the list goes on.

Please book and pay for your tickets by phoning the Gingin District
Community Resource Centre Inc. on 9575 1253 or come into the
centre at 1a lily King Place, Gingin

Building
family
connections...

Bendigo Bank
Ash Wednesday Mass

Peter Combe Concert